BREAKFAST. 6:30am - 2pm

Bread & buns baked locally at Jean Pierre Patisserie. Chicken & meat products from local butcher Sunvale Meats. Free-range eggs.

SMASHED AVO | V | VEGAN & GF AVAILABLE - SINGLE 14 | DOUBLE 23

avocado, feta, local authentic pumpkin sourdough, lemon, rocket & dukkah.

add: free-range eggs | local leg ham | halloumi | bacon

HEALTHY WAFFLES | GF | DF | VG | REFINED SUGAR FREE - SINGLE 14 | DOUBLE 24

house-made guilt-free waffles, vanilla coyo ice-cream, pure maple syrup & strawberries. add: choc sauce | caramel sauce | berry coulis | nutella | peanut butter | banana | bacon

EGGS BENEDICT 25 | GF AVAILABLE

your choice of bacon, local leg ham or smoked salmon on a toasted croissant with poached free-range eggs, hollandaise sauce & spinach. option: swap to hot wing hollandaise \$1

FRIED CHICKEN BENNY WITH HOT WING HOLLANDAISE 26 *

toasted croissant, house-made crispy southern fried chicken, poached free-range eggs, smashed avo, spinach & hot wing hollandaise. add: rustic potato rosti | halloumi

CHICKEN & WAFFLES 17

house-made crispy southern fried chicken, house-made healthy waffle, pure maple syrup.

add: bacon | extra waffle | extra chicken | ice cream

SWEETCORN FRITTERS 23.5 | V

house-made parmesan & sweetcorn fritters, free-range poached egg, smashed avo, sweet chilli crema & rocket. add: bacon | garlic mushrooms | halloumi

CRUMBED STEAK & EGGS 17

local crumbed steak, free-range fried eggs, toast & your choice of either tomato relish, caramelised onion relish or bbq sauce. add: garlic mushrooms | avocado | rustic potato rosti

BACON & EGG BURGER 16 | GF & VEGAN AVAILABLE

bacon, free-range fried egg, cheddar cheese, bbq sauce & spinach on a toasted brioche bun. add: avocado | rustic potato rosti | halloumi

MUSHROOM TOAST 25 | V | VEGAN AVAILABLE

local authentic sourdough, house-made garlic mushrooms, poached free-range eggs, cream cheese, sundried

tomato pesto & herbs. add: avocado | halloumi | bacon

BREAKFAST BURRITO 19.5 | VEGAN AVAILABLE

your choice of local chorizo, house-made savoury mince or bacon with free-range scrambled eggs, avocado, spinach, cheese & tomato relish - ask for toasted

CHILLI SAMBAL SCRAMBLE 23 | GF & DF VEGAN AVAILABLE

free-range eggs, house-made sambal oelek, local smoked ham, local authentic sourdough, parmesan, spring onion. add: avocado | rustic potato rosti

SAVOURY MINCE 25 | DF | GF & VEGAN AVAILABLE

house-made savoury mince, poached free-range eggs, local authentic sourdough & rustic potato rosti. add: avocado | halloumi

EGGS YOUR WAY 15 | DF | GF & VEGAN AVAILABLE

two free-range eggs (poached | scrambled | fried) on 2 slices of local authentic sourdough.

PEANUT BUTTER BANANA TOAST DF | V | GF & VEGAN AVAILABLE

single 14 | double 23

authentic local sourdough, peanut butter, banana, cinnamon, local honey

RAISIN TOAST WITH BUTTER $| \; \lor \;$

single 6 | double 9

OPTIONAL ADD ONS

free-range egg 4 - poached, scrambled, fried | vegan eggs 8 (scrambled) | 2 rashers bacon 6 | vegan bacon 8 | crumbed steak 7 | crispy fried chicken 7 | roasted chicken 7 | avocado 4 | halloumi 5 | rustic potato rosti 6 | premium smoked salmon 7 | garlic mushrooms 6 | local leg ham 7 | chorizo 7 | whipped beet & hummus feta 3 | sundried tomato pesto 2 | crumbled feta 3 | tomato relish 2 | hollandaise sauce 2 | hot wing hollandaise 3 | worcestershire sauce 1

V - Vegetarian | VG - Vegan | GF - Gluten Free | DF - Dairy Free | RSF - Refined Sugar Free | 🜶 mild | 🗰 hot

LUNCH. 11am - 2pm

Bread & buns baked locally at Jean Pierre Patisserie. Chicken & meat products from local butcher Sunvale Meats. Free-range eggs.

burger on its own 18 burger with a side of fries & sauce 23 burger combo - with a side of fries and a drink 25

CRISPY CHICKEN CHIPOTLE BURGER

house-made crispy southern fried chicken, southwest chipotle mayo, cheddar cheese, lettuce, jean pierre brioche bun. add: avocado 1 | bacon rasher 3 | fried egg 4

BEEF CHEESEBURGER DF | GF AVAILABLE

house-made beef patty, cheddar cheese, pickles, onion, tomato sauce & american mustard on a jean pierre brioche bun. add: avocado 1 | bacon rasher 3 | fried egg 4 | add salad \$2

VEGAN BURGER VG

plant-based schnitzel with lettuce, tomato, avocado & bbq sauce on a traditional jean pierre toasted bun.

CRUMBED STEAK SANDWICH 15 OR COMBO 22

local crumbed steak, mixed leaves, sliced tomato, cheddar cheese, garlic aioli & caramelised onion on a toasted jean pierre turkish roll. add: side of sweet potato or potato fries 5

SAIGON NOODLE SALAD 18 DF | GF | VG

vermicelli rice noodles, mint, cucumber, red cabbage, carrot, chopped cos lettuce, peanuts, fried shallots, lime & thai dressing. add: house-made roasted chicken 7, crispy fried chicken 7, garlic mushrooms 6 (vegan)

SANTORINI SALAD 18 GF | VG & DF AVAILABLE 🜶

mixed salad leaves, roasted garlic & chilli mediterranean vegetable mix, sundried tomatoes, black olives, feta & lemon dressing. add: house-made roasted chicken 7, crispy fried chicken 7, garlic mushrooms 6 (vegan). add: avocado 4

CHICKEN SALAD 20 | GF, DF & VG AVAILABLE

house-made roasted chicken (GF & DF) or house-made crispy southern fried chicken, mixed lettuce leaves, red cabbage, carrot & cherry tomatoes with a lemon or balsamic vinaigrette. add: feta 3. (swap to garlic mushrooms or falafels for vegan option)

CRUMBED STEAK SALAD 20 DF

local crumbed steak, mixed lettuce leaves, red cabbage, carrot & cherry tomatoes with a lemon or balsamic vinaigrette. add: feta 3 | avocado 4

FRIES.

single 8 | double 14

SWEET POTATO OR POTATO FRIES

sauce included: tomato, BBQ, garlic aioli, chipotle mayo

POPULAR ADD ONS

free-range fried egg 4 | bacon rasher 3 | vegan bacon 4 | crispy fried chicken 7 | avocado 3 | halloumi 5 | rustic potato rosti 6

V - Vegetarian | VG - Vegan | GF - Gluten Free | DF - Dairy Free

ACAI & PROTEIN Sml 16.5 | reg 18.5

vg | gf | df | refined sugar free | pure organic acai

each handmade bowl comes with your choice of granola: almond & sultana granola (contains honey & gluten) | swiss muesli (vg but contains gluten) | gluten free flakes | gluten free granola

PARADISE ACAI BOWL

blended base: unsweetened acai, mango & banana. toppings: granola, watermelon, banana, strawberries, coconut yoghurt & passionfruit.

BERRY ACAI BOWL

blended base: unsweetened acai, strawberries & banana. toppings: granola, strawberries, raspberries, banana, coconut yoghurt & passionfruit.

NUTELLA PROTEIN BOWL

blended base: bio fermented vanilla protein powder, cacao & banana. toppings: granola, banana, strawberries, coconut yoghurt, cacao nibs & nutella (nutella not refined sugar free).

SNICKERS PROTEIN BOWL

blended base: bio fermented vanilla protein powder, cacao & banana. toppings: granola, banana, strawberries, coconut yoghurt, peanut butter, crushed peanuts & naturally sweetened choc sauce.

CARAMEL CRUNCH PROTEIN BOWL



PICNIC

cacao powder, roasted peanuts, dates, banana & milk of choice

BREAKFAST

banana, rolled oats, honey, cinnamon & milk of choice

YO BERRY

strawberries, banana, coconut yoghurt, honey & milk of choice

MANGO PASSION

mango, passionfruit, coconut yogurt, honey & milk of choice

SUPER SMOOTHIES.

regular 12 | large 13.5

CRUNCHY NUT PROTEIN

bio fermented vegan vanilla protein, roasted peanuts, cacao nibs, honey, banana & milk of choice

ESPRESSO PROTEINI

bio fermented vegan vanilla protein, espresso, cacao powder, banana, dates & milk of choice

PEANUT BUTTER & JELLY PROTEIN

bio fermented vegan vanilla protein, banana, strawberries, roasted peanuts, honey & milk of choice

blended base: bio fermented vanilla protein powder, cacao & banana. toppings: granola, coconut yoghurt, pure peanut butter, crushed peanuts, banana, strawberries & naturally sweetened caramel sauce.

HONEY BEAR PROTEIN BOWL -

not vegan (honey on top)

blended base: bio fermented vanilla protein powder, cacao & banana. toppings: granola, banana, pure peanut butter, coconut yoghurt, cacao nibs, strawberries & honey.

PEANUT BUTTER ACAI BOWL

blended base: unsweetened acai, strawberries & banana. toppings: granola, strawberries, banana, coconut yoghurt, peanut butter & crushed peanuts.

MANGO WEISS ACAI BOWL

sml 18 reg 20

blended base: unsweetened acai, mango & banana. toppings: granola, strawberries, banana, coyo coconut icecream, mango & passionfruit.

OPTIONS:

add a scoop of coyo coconut ice cream to your bowl \$3 | add peanut butter \$2 | add nutella \$2 | extra fruit \$2

TROPICAL PUNCH

mango, pure unsweetened acai, passionfruit, pineapple & coconut water

SMOOTHIE MILK OPTIONS:

misty mountain full cream | misty mountain lactose free | misty mountain skim | coconut milk | soy milk | almond milk | oat milk

FRESH JUICE.

reg 9 | Irg 10 | kids 7.6

total greens - green apple, cucumber, celery, ginger
body booster - orange, carrot, pineapple, turmeric
signature beet - beetroot, carrot, green apple, ginger
tutti fruity - pineapple, green apple, orange, watermelon

MILKSHAKES.

reg 8.5 | Irg 9.5 | kids 7.5 made with dairy milk & icecream VANILLA | CHOCOLATE | CARAMEL | STRAWBERRY | SALTED CARAMEL | COFFEE +\$0.5 thickshake add \$1

COFFEE. & MORE

we proudly serve locally owned and roasted Long Shot coffee

sml 5 | reg 6 | lrg 7 cappuccino, latte, flat white, long black, chai latte, hot chocolate

sml 6 | reg 7 | lrg 8

mocha, dirty chai, matcha latte piccolo latte, macchiato **4.5**

espresso 4

babycino **2**

ICED DRINKS.

sml 6 | reg 7 | lrg 8

iced latte, iced long black, cold brew, iced chai latte, iced chocolate

sml 7 | reg 8 | lrg 9

iced mocha, iced matcha, iced dirty chai

sml 8 | reg 9 | lrg 10

strawberry matcha - ice, strawberry coulis, vanilla, milk, matcha

sml 8 | reg 9 | lrg 10

fizzy honey lemon matcha - ice, lemon, honey, matcha, soda water

CONDENSED MILK.

standard condensed milk iced coffee sml 7 | reg 8 | lrg 9 coffee, condensed milk & full cream milk vanilla almond condensed milk iced coffee *vegan* sml 9 | reg 10 | lrg 11 coffee, coconut condensed milk, vanilla syrup & almond milk

creamy caramel condensed milk iced coffee

sml 8 | reg 9 | lrg 10 coffee, condensed milk, caramel syrup & full cream milk

hazel condensed milk iced coffee

sml 8 | reg 9 | lrg 10

coffee, condensed milk, hazelnut syurp & full cream milk

options:

add your favourite syrup \$1 | cold foam \$1

COLD FOAM.

"what's cold foam?" house made cold whipped cream and milk with a velvety foam texture, adds sweetness and texture to any iced drink. Try adding your favourite syrup. ~cannot be made dairy free~



IZIEA. dine-in pot 6.5

english breakfast | early grey | sencha green | lemongrass & ginger | peppermint | chamomile | china jasmine

ICED TEA. reg 6 | lrg 7

peach, raspberry, lemon, mango swap to soda water \$1

MILK OPTIONS.

misty mountain full cream misty mountain skim misty mountain lactose free \$1 milk lab coconut \$1 milk lab almond \$1 milk lab soy \$1 milk lab oat \$1 soda water \$1

SYRUPS & EXTRAS.

cold foam \$1 | vanilla \$1 | hazelnut \$1 | caramel \$1 | white chocolate \$1 | salted caramel \$1 | ice-cream \$3 | DF coyo ice cream \$3 | extra shot \$1

Try these combos:

cold foam iced latte sml 7 | reg 8 | lrg 9 cold foam iced long black sml 7 | reg 8 | lrg 9 cold foam mocha sml 8 | reg 9 | lrg 10 cold foam iced chocolate sml 7 | reg 8 | lrg 9 cold foam tiramisu sml 8 | reg 9 | lrg 10 ice, espresso, vanilla, chocolate, milk of choice, cold foam with chocolate sprinkle cold foam caramel chai sml 8 | reg 9 | lrg 10 ice, caramel, chai powder, milk of your choice, cold foam, cinnamon sprinkle cold foam coco matcha sml 8 | reg 9 | lrg 10 ice, coconut water, vanilla, matcha cold foam with matcha dust cold foam coco espresso sml 8 | reg 9 | lrg 10 ice, coconut water, espresso, cold foam